

The Triple Method Proofing for August 2026 - all information is proofed to Best Odds and Advised Stakes
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Type	Date	Course	Selection	Odds	Stake	Res	Pos	Pts	Total
Single	11th	19:00 Hamilton	Altareq	11.00	1.00	Loss	11	-1.00	-18.5
Single	11th	17:30 Hamilton	Hurt You Never	6.50	1.00	Loss	7	-1.00	-17.5
Single	11th	16:45 Carlisle	Shipshape	5.50	1.00	Loss	5	-1.00	-16.5
Single	10th	15:15 Ayr	Lorca's Waltz	7.00	1.00	Loss	11	-1.00	-15.5
Single	10th	15:00 Kempton	Tojoannie	11.00	1.00	Loss	9	-1.00	-14.5
Single	10th	14:45 Ayr	Keep Me Stable	11.00	1.00	Loss	3	-1.00	-13.5
Single	8th	20:30 Ayr	Patrick Street	6.50	1.00	Win	1	4.50	-12.5
Single	8th	20:00 Ayr	Yaaser	6.50	1.00	Loss	8	-1.00	-17
Single	8th	19:00 Ayr	Jannas Journey	6.00	1.00	Loss	9	-1.00	-16
Single	7th	20:30 Gowran Park	Vervain	4.00	1.00	Loss	2	-1.00	-15
Single	7th	19:12 Newmarket	The Caltonian	6.00	1.00	Loss	4	-1.00	-14
Single	7th	17:35 Gowran Park	Hasita	7.00	1.00	Loss	4	-1.00	-13
Single	6th	19:45 Leopardstown	Darkdeserthighway	8.50	1.00	Loss	2	-1.00	-12
Single	6th	19:16 Southwell	Moostar	7.00	1.00	Loss	9	-1.00	-11
Single	6th	17:34 Southwell	Here Comes Louie	7.00	1.00	Loss	2	-1.00	-10
Single	5th	20:20 Kempton	Angel Gabriel	5.00	1.00	Loss	3	-1.00	-9
Single	5th	18:20 Kempton	Dover Street	7.50	1.00	Loss	5	-1.00	-8
Single	5th	17:30 Sligo	Dark Summit	8.00	1.00	Loss	3	-1.00	-7
Single	4th	14:30 Ffos Las	The Feminine Urge	11.00	1.00	Loss	6	-1.00	-6
Single	4th	15:45 Catterick	Miss Rainbow	6.00	1.00	Win	1	5.00	-5
Single	4th	17:18 Lingfield	Daisy Roots	7.50	1.00	Loss	5	-1.00	-10
Single	3rd	15:17 Naas	Tawaazon	8.00	1.00	Loss	4	-1.00	-9
Single	3rd	14:47 Naas	Amiata	8.00	1.00	Loss	8	-1.00	-8
Single	3rd	15:00 Cork	Eastmore	7.00	1.00	Loss	8	-1.00	-7
Single	2nd	14:55 Galway	Golden Temple	5.00	1.00	Loss	PU	-1.00	-6
Single	2nd	14:20 Galway	Fou De Toi	9.00	1.00	Loss	7	-1.00	-5
Single	2nd	16:52 Chester	Saligo Bay	8.00	1.00	Loss	8	-1.00	-4
Single	1st	16:45 Goodwood	Leadlight	5.50	1.00	Loss	6	-1.00	-3
Single	1st	15:00 Goodwood	Consent	6.50	1.00	Loss	4	-1.00	-2
Single	1st	15:17 Thirsk	Rotokura Belle	5.00	1.00	Loss	7	-1.00	-1

Unless specified elsewhere:

- Rule 4 and non-runner deductions are calculated using the industry standard reductions based on the forecast odds a non-runner had prior to the races scheduled off time for Horse Racing services ONLY
- All place bets use industry standard place conditions
- Please Note Profits do NOT take into account the Cost of Subscription Fees.

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Please gamble responsibly and ensure you are fully able to exercise control over your gambling activity and not let it negatively impact other areas of your life. All information correct at time of publication.

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