

Peter Couchman Proofing for March 2026 - all information is proofed to Best Odds and Advised Stakes
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Type	Date	Course	Selection	Odds	Stake	Res	Pos	Pts	Total
Single	31st	16:00 Newcastle	Rare Edition	6.00	1.00	Loss	6	-1.00	8
Single	29th	17:50 Doncaster	Yes I'm Mali	6.00	1.00	Loss	14	-1.00	9
Single	29th	17:15 Doncaster	Sixtygeesbaby	8.50	1.00	Loss	8	-1.00	10
Single	29th	17:15 Doncaster	Dark Thirty	10.00	1.00	Loss	10	-1.00	11
Each Way	29th	16:05 Doncaster	Spoken Truth	7.00	1.00	Loss	4	-1.00	12
Each Way	29th	15:30 Doncaster	Melvin Udall	9.00	1.00	Win	1	4.80	13
Each Way	29th	14:20 Doncaster	Halla Bil Zain	51.00	1.00	Loss	12	-1.00	8.2
Each Way	28th	17:25 Curragh	Red Charlie	12.00	1.00	Win	1	6.60	9.2
Each Way	28th	14:25 Doncaster	Intrusively	21.00	1.00	Loss	15	-1.00	2.6
Single	28th	13:50 Doncaster	My Mate Alfie	15.00	1.00	Loss	8	-1.00	3.6
Each Way	28th	15:57 Stratford	Pooroldmackley	12.00	1.00	Loss	7	-1.00	4.6
Single	28th	14:35 Uttoxeter	Rialannah	6.00	1.00	Loss	5	-1.00	5.6
Single	27th	17:45 Dundalk	Musical Act	8.50	1.00	Loss	6	-1.00	6.6
Each Way	26th	16:50 Chepstow	Devon Dude	13.00	1.00	Loss	PU	-1.00	7.6
Single	26th	16:20 Chepstow	Can You Hear Me	15.00	1.00	Loss	2	-1.00	8.6
Single	26th	16:20 Chepstow	The Two Harrys	0.00	1.00	NR	-	0.00	9.6
Single	25th	17:00 Kempton	Vitalline	7.50	1.00	Loss	10	-1.00	9.6
Single	25th	16:00 Hereford	Kotgar	10.00	1.00	Loss	5	-1.00	10.6
Single	24th	15:45 Taunton	Good Friday Fairy	4.50	2.00	Loss	5	-2.00	11.6
Each Way	24th	15:15 Taunton	Walk In The West	26.00	1.00	Win	2	2.00	13.6
Each Way	24th	14:00 Southwell	I Am Rocco	34.00	1.00	Loss	PU	-1.00	11.6
Each Way	22nd	16:22 Naas	Tiberius Thunder	13.00	2.00	Loss	7	-2.00	12.6
Single	21st	14:45 Bangor-On-Dee	Rockvale	11.00	1.00	Loss	8	-1.00	14.6
Single	21st	14:45 Bangor-On-Dee	Thereyare	11.00	1.00	Win	1	10.00	15.6
Single	21st	13:37 Bangor-On-Dee	Gwennie May Star	6.50	1.00	Loss	3	-1.00	5.6
Single	20th	17:30 Wolverhampton	Atheneum	10.00	1.00	Loss	10	-1.00	6.6
Single	20th	17:16 Newbury	Regatta De Blanc	7.00	1.00	Loss	5	-1.00	7.6
Each Way	20th	16:42 Newbury	Staff Sergeant Len	34.00	1.00	Win	3	2.80	8.6
Single	20th	16:42 Newbury	Rialannah	0.00	1.00	NR	-	0.00	5.8
Each Way	20th	16:30 Musselburgh	Kilmore Rock	23.00	1.00	Win	3	1.70	5.8
Each Way	19th	18:30 Newcastle	William Dewhirst	41.00	1.00	Loss	7	-1.00	4.1
Single	19th	17:00 Cork	Stardhem	11.00	1.00	Win	1	10.00	5.1

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Each Way	19th	17:10 Sedgefield	Assorda	201.00	1.00	Loss	6	-1.00	-4.9
Single	19th	16:10 Sedgefield	Smart Bucks	15.00	1.00	Loss	4	-1.00	-3.9
Single	18th	16:15 Huntingdon	Western Harmony	3.50	4.00	Loss	PU	-4.00	-2.9
Single	18th	16:30 Hereford	Fight My Fire	8.00	1.00	Loss	4	-1.00	1.1
Single	18th	16:00 Hereford	Forsa Bay	6.00	1.00	Loss	3	-1.00	2.1
Each Way	18th	16:00 Hereford	The Brickey Ranger	29.00	1.00	Win	1	16.80	3.1
Each Way	18th	15:00 Hereford	Make Sunshine	41.00	1.00	Loss	5	-1.00	-13.7
Single	17th	14:55 Exeter	Ri Na Cuirte	15.00	2.00	Loss	6	-2.00	-12.7
Each Way	17th	15:03 Down Royal	Rolly Bowley Boy	29.00	1.00	Loss	F	-1.00	-10.7
Single	17th	14:28 Down Royal	Stardhem	0.00	1.00	NR	-	0.00	-9.7
Each Way	16th	16:45 Plumpton	Bread And Butter	67.00	1.00	Loss	4	-1.00	-9.7
Single	16th	16:00 Ffos Las	Karuma Grey	13.00	1.00	Loss	5	-1.00	-8.7
Single	16th	15:00 Ffos Las	Ferando	4.33	2.00	Loss	5	-2.00	-7.7
Single	15th	16:07 Market Rasen	Grangeclare Diego	12.00	1.00	Loss	6	-1.00	-5.7
Each Way	15th	16:55 Curragh	Spanish Rising	26.00	1.00	Loss	11	-1.00	-4.7
Each Way	15th	15:55 Chepstow	Cast's Tasha	12.00	1.00	Win	3	0.60	-3.7
Each Way	15th	15:20 Chepstow	Annie Express	17.00	1.00	Loss	4	-1.00	-4.3
Each Way	15th	14:57 Market Rasen	Beat The Edge	26.00	1.00	Loss	3	-1.00	-3.3
Single	14th	16:35 Newcastle	Lord De Vinci	9.00	1.00	Loss	4	-1.00	-2.3
Each Way	14th	14:45 Newcastle	Elusive Warrior	34.00	1.00	Loss	PU	-1.00	-1.3
Single	14th	14:00 Fontwell	Godot	12.00	1.00	Loss	5	-1.00	-0.3
Each Way	14th	13:50 Uttoxeter	Minella Missile	15.00	2.00	Loss	7	-2.00	0.7
Single	13th	19:30 Dundalk	Cosmic Motion	5.50	2.00	Loss	7	-2.00	2.7
Single	13th	16:40 Cheltenham	Wrappedupinmay	0.00	1.00	NR	-	0.00	4.7
Single	13th	16:15 Fakenham	Takeit Easy	7.50	1.00	Loss	2	-1.00	4.7
Single	11th	15:38 Huntingdon	Fond Farewell	9.00	1.00	Loss	U	-1.00	5.7
Single	11th	15:38 Huntingdon	Bongo Man	12.00	1.00	Loss	2	-1.00	6.7
Single	9th	15:00 Plumpton	Simon The Seagull	10.00	1.00	Loss	6	-1.00	7.7
Single	9th	16:30 Plumpton	Moon Hunter	41.00	1.00	Loss	3	-1.00	8.7
Single	9th	15:10 Taunton	Arctic Voyage	29.00	1.00	Loss	PU	-1.00	9.7
Single	7th	16:53 Gowran Park	Macs Charm	19.00	1.00	Loss	PU	-1.00	10.7
Single	7th	16:53 Gowran Park	Lets Go Champ	4.50	2.00	Win	1	7.00	11.7
Single	7th	13:15 Sandown	Turenne	6.00	2.00	Loss	4	-2.00	4.7
Single	6th	16:20 Ayr	Coconut Splash	12.00	1.00	Loss	2	-1.00	6.7
Single	6th	15:10 Exeter	Western Cross	41.00	1.00	Loss	4	-1.00	7.7
Single	6th	15:10 Exeter	Benvoy	26.00	1.00	Loss	PU	-1.00	8.7
Lay	5th	15:50 Haydock	Freshers Week	17.00	1.00	Win	3	0.95	9.7
Lay	5th	13:37 Wincanton	Jack Sprat	9.50	1.00	Win	4	0.95	8.75
Single	5th	15:50 Haydock	Inflexible	13.00	1.00	Loss	PU	-1.00	7.8
Single	5th	13:37 Wincanton	Tractor Jack	34.00	1.00	Loss	9	-1.00	8.8
Single	4th	15:20 Naas	Beau Della	19.00	1.00	Loss	PU	-1.00	9.8
Single	4th	20:30 Kempton	Vitalline	2.62	5.00	Win	1	8.10	10.8
Single	2nd	16:55 Leopardstown	Prince Palace	15.00	1.00	Loss	9	-1.00	2.7

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Single	2nd	15:15 Southwell	Camino Rocio	8.50	1.00	Loss	4	-1.00	3.7
Lay	1st	16:15 Huntingdon	Glancing Back	8.50	2.00	Win	6	1.90	4.7
Lay	1st	16:00 Ffos Las	Onehundredneighty	26.00	2.00	Win	5	1.90	2.8
Lay	1st	16:00 Ffos Las	Bolsover Bill	8.00	2.00	Win	3	1.90	0.9
Single	1st	14:45 Huntingdon	Lounge Lizard	23.00	1.00	Loss	5	-1.00	-1

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